



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Irrgang, Robert

Club: Bad Langensalza, OT Klettstedt  
Number: 112

Course: 10.00 km  
10 km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 44:04

Speed: 13.62 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 3 (of 29)

Rank in course/Men: 3 (of 23)

Best time in course: 35:50

Rank in category: 1(of 6)

Best time in the category: 44:04