



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Großkopf, Andreas

Club: TMP

Number: 108

Course: 10.00 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 45:04

Speed: 13.31 km/h

Running performance: 4:31 min/km

Rank in course/Total: 4 (of 29)

Rank in course/Men: 4 (of 23)

Best time in course: 35:50

Rank in category: 1(of 3)

Best time in the category: 45:04