



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Herzog, Julian

Club: Bad Tennstedt

Number: 110

Course: 10.00 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 51:07

Speed: 11.74 km/h

Running performance: 5:07 min/km

Rank in course/Total: 9 (of 29)

Rank in course/Men: 9 (of 23)

Best time in course: 35:50

Rank in category: 3(of 6)

Best time in the category: 44:04