



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Stollberg, Mark

Club: Mittwochslaufgruppe

Number: 130

Course: 10.00 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:48

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 18 (of 29)

Rank in course/Men: 16 (of 23)

Best time in course: 35:50

Rank in category: 3(of 4)

Best time in the category: 43:24