



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Schilling, Karl

Club: VfB 26 Beberstedt  
Number: 126

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 55:40

Speed: 10.78 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 17 (of 29)

Rank in course/Men: 15 (of 23)

Best time in course: 35:50

Rank in category: 1(of 2)

Best time in the category: 55:40