



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Herzog, Mark

Club: Bad Tennstedt
Number: 106

Course: 10.00 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:01:00

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 23 (of 29)

Rank in course/Men: 21 (of 23)

Best time in course: 35:50

Rank in category: 1(of 1)

Best time in the category: 1:01:00