



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Herzog, Danny

Club: Bad Tennstedt  
Number: 109

Course: 10.00 km  
10 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:01:00

Speed: 9.84 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 24 (of 29)

Rank in course/Men: 21 (of 23)

Best time in course: 35:50

Rank in category: 4(of 4)

Best time in the category: 43:24