



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Rahaus, Christian

Club: TSV 1861 Bad Tennstedt
Number: 339

Course: 3.50 km
Spaßlauf

Category:
männliche Jugend U18 (16-17)

Total time: 19:36

Speed: 9.18 km/h
Running performance: 5:36 min/km

Rank in course/Total: 3 (of 71)

Rank in course/Men: 3 (of 38)

Best time in course: 19:05

Rank in category: 3(of 12)

Best time in the category: 19:05