



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Saalfeld, Stefan

Club: TSV 1861 Bad Tennstedt
Number: 346

Course: 3.50 km
Spaßlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 21:19

Speed: 8.44 km/h
Running performance: 6:05 min/km

Rank in course/Total: 9 (of 71)

Rank in course/Men: 9 (of 38)

Best time in course: 19:05

Rank in category: 1(of 2)

Best time in the category: 21:19