



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Seifert, Jon

Total time: 21:41

Club: Staatliche Regelschule Bad Tennstedt - Novalis  
Number: 350

Speed: 8.30 km/h

Running performance: 6:12 min/km

Course: 3.50 km

Rank in course/Total: 11 (of 71)

Spaßlauf

Rank in course/Men: 11 (of 38)

Best time in course: 19:05

Category:

Rank in category: 3(of 9)

männliche Jugend U14 (12-13)

Best time in the category: 20:42