



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Paternoga, Cindy

Club: Run4Kids Sömmerda e.V.
Number: 335

Course: 3.50 km
Spaßlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 28:48

Speed: 6.25 km/h
Running performance: 8:14 min/km

Rank in course/Total: 27 (of 71)

Rank in course/Women: 4 (of 33)

Best time in course: 23:06

Rank in category: 1(of 3)

Best time in the category: 28:48