



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Helbing, Ben

Club: Bad Tennstedt
Number: 317

Course: 3.50 km
Spaßlauf

Category:
männliche Jugend U14 (12-13)

Total time: 31:54

Speed: 5.64 km/h
Running performance: 9:07 min/km

Rank in course/Total: 33 (of 71)

Rank in course/Men: 24 (of 38)

Best time in course: 19:05

Rank in category: 6(of 9)

Best time in the category: 20:42