



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

Ponick, Richard

Total time: 33:20

Club: Staatliche Regelschule Bad Tennstedt - Novalis  
Number: 338

Speed: 5.40 km/h

Running performance: 9:31 min/km

Course: 3.50 km

Rank in course/Total: 46 (of 71)

Spaßlauf

Rank in course/Men: 30 (of 38)

Best time in course: 19:05

Category:

Rank in category: 3(of 4)

männliche Jugend U16 (14-15)

Best time in the category: 22:16