



5. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 10.09.2022

Detailed evaluation

**Tornack, Nathalie**

Club: Förderzentrum Am Fernebach Bruchstedt  
Number: 353

Course: 3.50 km  
Spaßlauf

Category:  
Frauen (20-29 Jahre)

Total time: 46:14

Speed: 3.89 km/h  
Running performance: 13:13 min/km

Rank in course/Total: 69 (of 71)

Rank in course/Women: 32 (of 33)

Best time in course: 23:06

Rank in category: 3(of 4)

Best time in the category: 40:55