



1. Staffellauf - Rund um Arnstadt

Arnstadt / 23.04.2022

Detailed evaluation

Trailrunning-Crew Thüringen (Team 1/Männer): 4:08:29

Number: 11

Speed: 14.25 km/h

Running performance: 4:10 min/km

Course: 59.60 km

Rund um Arnstadt

Rank in course: 1 (of 16)

Best time in course: 4:08:29

Category:

Rank in category: 1(of 16)

Staffel

Best time in the category: 4:08:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Rudisleben	6.60	23:54	3:37	1	-	1	-	6.60	23:54	3:37	1	-	1	-
Marlishausen	7.80	27:20	3:30	1	-	1	-	14.40	51:14	3:33	1	-	1	-
Angelhausen	6.00	25:19	4:13	2	0:50	2	0:50	20.40	1:16:33	3:45	1	-	1	-
Roda	7.40	29:45	4:01	1	-	1	-	27.80	1:46:18	3:49	1	-	1	-
Neuroda	7.10	29:37	4:10	1	-	1	-	34.90	2:15:55	3:53	1	-	1	-
Reinsfeld	9.80	49:56	5:05	9	11:57	9	11:57	44.70	3:05:51	4:09	1	-	1	-
Dosdorf	6.90	29:41	4:18	4	2:35	4	2:35	51.60	3:35:32	4:10	1	-	1	-
Arnstadt Markt	8.00	32:57	4:07	1	-	1	-	59.60	4:08:29	4:10	1	-	1	-