



# 1. Staffellauf - Rund um Arnstadt

Arnstadt / 23.04.2022

## Detailed evaluation

Lauftreff Alteburg

Total time: 5:34:47

Number: 4

Speed: 10.57 km/h

Running performance: 5:37 min/km

Course: 59.60 km

Rund um Arnstadt

Rank in course: 13 (of 16)

Best time in course: 4:08:29

Category:

Rank in category: 13(of 16)

Staffel

Best time in the category: 4:08:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Rudisleben	6.60	33:33	5:04	8	9:39	8	9:39	6.60	33:33	5:04	8	9:39	8	9:39
Marlishausen	7.80	43:32	5:34	14	16:12	14	16:12	14.40	1:17:05	5:21	13	25:51	13	25:51
Angelhausen	6.00	30:46	5:07	10	6:17	10	6:17	20.40	1:47:51	5:17	14	31:18	14	31:18
Roda	7.40	40:50	5:31	13	11:05	13	11:05	27.80	2:28:41	5:20	13	42:23	13	42:23
Neuroda	7.10	45:36	6:25	16	15:59	16	15:59	34.90	3:14:17	5:34	15	58:22	15	58:22
Reinsfeld	9.80	1:03:08	6:26	15	25:09	15	25:09	44.70	4:17:25	5:45	15	1:11:34	15	1:11:34
Dosdorf	6.90	36:51	5:20	10	9:45	10	9:45	51.60	4:54:16	5:42	14	1:18:44	14	1:18:44
Arnstadt Markt	8.00	40:31	5:03	6	7:34	6	7:34	59.60	5:34:47	5:37	13	1:26:18	13	1:26:18