



1. Staffellauf - Rund um Arnstadt

Arnstadt / 23.04.2022

Detailed evaluation

Team Fitness-Mama

Total time: 5:57:40

Number: 8

Speed: 9.90 km/h

Running performance: 6:00 min/km

Course: 59.60 km

Rund um Arnstadt

Rank in course: 15 (of 16)

Best time in course: 4:08:29

Category:

Rank in category: 15(of 16)

Staffel

Best time in the category: 4:08:29

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Rudisleben | 6.60 | 32:51 | 4:58 | 7 | 8:57 | 7 | 8:57 | 6.60 | 32:51 | 4:58 | 7 | 8:57 | 7 | 8:57 |
| Marlishausen | 7.80 | 36:35 | 4:41 | 11 | 9:15 | 11 | 9:15 | 14.40 | 1:09:26 | 4:49 | 7 | 18:12 | 7 | 18:12 |
| Angelhausen | 6.00 | 34:47 | 5:47 | 14 | 10:18 | 14 | 10:18 | 20.40 | 1:44:13 | 5:06 | 10 | 27:40 | 10 | 27:40 |
| Roda | 7.40 | 41:01 | 5:32 | 14 | 11:16 | 14 | 11:16 | 27.80 | 2:25:14 | 5:13 | 11 | 38:56 | 11 | 38:56 |
| Neuroda | 7.10 | 43:12 | 6:05 | 15 | 13:35 | 15 | 13:35 | 34.90 | 3:08:26 | 5:23 | 12 | 52:31 | 12 | 52:31 |
| Reinsfeld | 9.80 | 1:08:51 | 7:01 | 16 | 30:52 | 16 | 30:52 | 44.70 | 4:17:17 | 5:45 | 14 | 1:11:26 | 14 | 1:11:26 |
| Dosdorf | 6.90 | 49:41 | 7:12 | 15 | 22:35 | 15 | 22:35 | 51.60 | 5:06:58 | 5:56 | 15 | 1:31:26 | 15 | 1:31:26 |
| Arnstadt Markt | 8.00 | 50:42 | 6:20 | 13 | 17:45 | 13 | 17:45 | 59.60 | 5:57:40 | 6:00 | 15 | 1:49:11 | 15 | 1:49:11 |