



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

Tino Zander

Club: Die 3 Lustigen 2  
Number: 366

Course: 11.00 km  
Hauptlauf I

Category:  
Senioren M40 (40-44) D

Total time: 54:39

Speed: 12.08 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 17 (of 46)

Rank in course/Men: 16 (of 40)

Best time in course: 42:52

Rank in category: 3(of 7)

Best time in the category: 42:52