



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

Paul Kahlmeyer

Number: 345

Course: 11.00 km  
Hauptlauf I

Category:  
Männer (20-29) D

Total time: 53:21

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 15 (of 46)

Rank in course/Men: 15 (of 40)

Best time in course: 42:52

Rank in category: 1(of 2)

Best time in the category: 53:21