



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

**Torsten Pohl**

Club: Roter Stern Pfafferoode  
Number: 358

Course: 11.00 km  
Hauptlauf I

Category:  
Senioren M40 (40-44) D

Total time: 1:11:27

Speed: 9.24 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 41 (of 46)

Rank in course/Men: 36 (of 40)

Best time in course: 42:52

Rank in category: 7(of 7)

Best time in the category: 42:52