



Südeichsfeldlauf
Diedorf / 25.06.2022

Detailed evaluation

Björn Bierwisch

Number: 378

Course: 11.00 km
Hauptlauf I

Category:
Senioren M45 (45-49) D

Total time: 46:26

Speed: 14.21 km/h

Running performance: 4:13 min/km

Rank in course/Total: 4 (of 46)

Rank in course/Men: 4 (of 40)

Best time in course: 42:52

Rank in category: 1(of 6)

Best time in the category: 46:26