



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

**Marcel Bode**

Club: solofghtr  
Number: 333

Course: 11.00 km  
Hauptlauf I

Category:  
Senioren M45 (45-49) D

Total time: 49:12

Speed: 13.41 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 6 (of 46)

Rank in course/Men: 6 (of 40)

Best time in course: 42:52

Rank in category: 3(of 6)

Best time in the category: 46:26