



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

**Holger Montag**

Club: Team Bürgermeister  
Number: 350

Course: 11.00 km  
Hauptlauf I

Category:  
Senioren M50 (50-54) D

Total time: 1:07:59

Speed: 9.71 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 34 (of 46)

Rank in course/Men: 29 (of 40)

Best time in course: 42:52

Rank in category: 3(of 4)

Best time in the category: 56:41