



Südeichsfeldlauf
Diedorf / 25.06.2022

Detailed evaluation

Gerd Mock

Club: Röblinglauf
Number: 371

Course: 11.00 km
Hauptlauf I

Category:
Senioren M55 (55-59) D

Total time: 1:00:49

Speed: 10.85 km/h
Running performance: 5:31 min/km

Rank in course/Total: 28 (of 46)

Rank in course/Men: 24 (of 40)

Best time in course: 42:52

Rank in category: 2(of 4)

Best time in the category: 51:35