



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

Uwe Hesse

Number: 370

Course: 11.00 km  
Hauptlauf I

Category:  
Senioren M60 (60-64) D

Total time: 50:42

Speed: 13.02 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 10 (of 46)

Rank in course/Men: 10 (of 40)

Best time in course: 42:52

Rank in category: 1(of 2)

Best time in the category: 50:42