



Südeichsfeldlauf
Diedorf / 25.06.2022

Detailed evaluation

Hardmut Sperling

Number: 376

Course: 11.00 km

Hauptlauf I

Category:

Senioren M65 (65-69) D

Total time: 1:12:33

Speed: 9.10 km/h

Running performance: 6:35 min/km

Rank in course/Total: 43 (of 46)

Rank in course/Men: 37 (of 40)

Best time in course: 42:52

Rank in category: 3(of 4)

Best time in the category: 1:06:45