



Südeichsfeldlauf
Diedorf / 25.06.2022

Detailed evaluation

Ramona Köthe

Club: Roter Stern Pfafferoode
Number: 347

Course: 11.00 km
Hauptlauf I

Category:
Seniorinnen W30 (30-34) D

Total time: 1:11:27

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 42 (of 46)

Rank in course/Women: 6 (of 6)

Best time in course: 53:24

Rank in category: 2(of 2)

Best time in the category: 54:39