



Südeichsfeldlauf
Diedorf / 25.06.2022

Detailed evaluation

Tizian Pohl

Club: Laufgruppe Treffurt
Number: 357

Course: 11.00 km
Hauptlauf I

Category:
Senioren M30 (30-34) D

Total time: 51:01

Speed: 12.94 km/h
Running performance: 4:38 min/km

Rank in course/Total: 11 (of 46)

Rank in course/Men: 11 (of 40)

Best time in course: 42:52

Rank in category: 2(of 5)

Best time in the category: 45:24