



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

Sebastian Hohlbein

Number: 459

Course: 5.60 km  
Hauptlauf II

Category:  
Senioren M30 (30-34)

Total time: 24:57

Speed: 12.02 km/h

Running performance: 4:27 min/km

Rank in course/Total: 3 (of 52)

Rank in course/Men: 3 (of 26)

Best time in course: 22:27

Rank in category: 1(of 2)

Best time in the category: 24:57