



Südeichsfeldlauf  
Diedorf / 25.06.2022

## Detailed evaluation

Christian Fischer

Number: 410

Course: 5.60 km  
Hauptlauf II

Category:  
Senioren M40 (40-44)

Total time: 28:38

Speed: 10.48 km/h

Running performance: 5:06 min/km

Rank in course/Total: 14 (of 52)

Rank in course/Men: 13 (of 26)

Best time in course: 22:27

Rank in category: 3(of 3)

Best time in the category: 28:32