



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Jan-Per König

Club: ULT Berlin-Nord
Number: 178

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:44:45

Speed: 7.27 km/h
Running performance: 8:13 min/km

Rank in course/Total: 103 (of 187)

Rank in course/Men: 88 (of 159)

Best time in course: 8:24:01

Rank in category: 10(of 25)

Best time in the category: 10:29:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:27:01	7:40	14	44:12	103	1:19:14	27.00	3:27:01	7:40	14	44:12	103	1:19:14
Floh-Seligenthal	27.00	3:35:44	7:59	13	52:02	100	1:21:06	54.00	7:02:45	7:49	14	1:35:06	100	2:40:20
Finsterbergen	22.00	3:12:44	8:45	9	48:05	80	1:16:28	76.00	10:15:29	8:05	11	2:23:11	91	3:56:48
Finish	24.22	3:29:16	8:38	9	58:11	86	3:29:16	100.22	13:44:45	8:13	10	3:15:26	88	5:20:44