



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Ralph Dietz

Club: Team Deutschland
Number: 202

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 15:55:42

Speed: 6.28 km/h
Running performance: 9:32 min/km

Rank in course/Total: 157 (of 187)

Rank in course/Men: 134 (of 159)

Best time in course: 8:24:01

Rank in category: 18(of 25)

Best time in the category: 10:29:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Glasbachwiese	27.00	3:14:20	7:11	8	31:31	71	1:06:33	27.00	3:14:20	7:11	8	31:31	71	1:06:33
Floh-Seligenthal	27.00	4:01:42	8:57	17	1:18:00	129	1:47:04	54.00	7:16:02	8:04	16	1:48:23	111	2:53:37
Finsterbergen	22.00	3:54:00	10:38	18	1:29:21	122	1:57:44	76.00	11:10:02	8:48	16	3:17:44	115	4:51:21
Finish	24.22	4:45:40	11:47	23	2:14:35	150	4:45:40	100.22	15:55:42	9:32	18	5:26:23	134	7:31:41