



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Friedhelm Hofmann

Club: Hunsrück-Marathon e.V.
Number: 105

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 16:24:22

Speed: 6.10 km/h
Running performance: 9:49 min/km

Rank in course/Total: 162 (of 187)

Rank in course/Men: 137 (of 159)

Best time in course: 8:24:01

Rank in category: 19(of 25)

Best time in the category: 10:29:19

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:49:33	8:30	20	1:06:44	137	1:41:46	27.00	3:49:33	8:30	20	1:06:44	137	1:41:46
Floh-Seligenthal	27.00	3:55:33	8:43	16	1:11:51	123	1:40:55	54.00	7:45:06	8:36	17	2:17:27	132	3:22:41
Finsterbergen	22.00	4:03:43	11:04	20	1:39:04	134	2:07:27	76.00	11:48:49	9:19	17	3:56:31	132	5:30:08
Finish	24.22	4:35:33	11:22	20	2:04:28	145	4:35:33	100.22	16:24:22	9:49	19	5:55:03	137	8:00:21