



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Ralf Schuster

Club: TC Kray 1892 e.V
Number: 174

Course: 100.22 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 14:13:19

Speed: 7.03 km/h
Running performance: 8:30 min/km

Rank in course/Total: 113 (of 187)

Rank in course/Men: 97 (of 159)

Best time in course: 8:24:01

Rank in category: 9(of 20)

Best time in the category: 12:09:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:49:58	8:31	16	47:13	138	1:42:11	27.00	3:49:58	8:31	16	47:13	138	1:42:11
Floh-Seligenthal	27.00	3:40:20	8:09	9	32:53	102	1:25:42	54.00	7:30:18	8:20	12	1:13:32	123	3:07:53
Finsterbergen	22.00	3:16:41	8:56	6	20:02	87	1:20:25	76.00	10:46:59	8:30	9	1:30:54	102	4:28:18
Finish	24.22	3:26:20	8:31	4	33:21	82	3:26:20	100.22	14:13:19	8:30	9	2:04:15	97	5:49:18