



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Marcel Ernst

Club: Lauffeuer Fröttstädt e.V.
Number: 237

Course: 100.22 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 9:36:22

Speed: 10.41 km/h
Running performance: 5:45 min/km

Rank in course/Total: 7 (of 187)

Rank in course/Men: 7 (of 159)

Best time in course: 8:24:01

Rank in category: 4(of 11)

Best time in the category: 8:54:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:18:39	5:08	3	3:08	5	10:52	27.00	2:18:39	5:08	3	3:08	5	10:52
Floh-Seligenthal	27.00	2:33:20	5:40	3	14:54	6	18:42	54.00	4:51:59	5:24	3	18:02	5	29:34
Finsterbergen	22.00	2:18:48	6:18	5	7:12	11	22:32	76.00	7:10:47	5:40	3	24:12	5	52:06
Finish	24.22	2:25:35	6:00	5	21:30	16	2:25:35	100.22	9:36:22	5:45	4	41:47	7	1:12:21