



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Michael Menzhausen

Club: Sportfreunde Sennestadt
Number: 103

Course: 100.22 km
100 Kilometer

Category:
Senioren M65 (65-69 Jahre)

Total time: 15:13:38

Speed: 6.57 km/h
Running performance: 9:06 min/km

Rank in course/Total: 135 (of 187)

Rank in course/Men: 114 (of 159)

Best time in course: 8:24:01

Rank in category: 5(of 8)

Best time in the category: 12:04:47

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|---------|-----|---------|--------|----------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Glasbachwiese | 27.00 | 3:46:24 | 8:23 | 5 | 21:51 | 133 | 1:38:37 | 27.00 | 3:46:24 | 8:23 | 5 | 21:51 | 133 | 1:38:37 |
| Floh-Seligenthal | 27.00 | 3:44:16 | 8:18 | 5 | 37:23 | 112 | 1:29:38 | 54.00 | 7:30:40 | 8:20 | 5 | 59:14 | 124 | 3:08:15 |
| Finsterbergen | 22.00 | 3:57:11 | 10:46 | 6 | 1:13:51 | 127 | 2:00:55 | 76.00 | 11:27:51 | 9:03 | 5 | 2:13:05 | 122 | 5:09:10 |
| Finish | 24.22 | 3:45:47 | 9:19 | 5 | 55:46 | 103 | 3:45:47 | 100.22 | 15:13:38 | 9:06 | 5 | 3:08:51 | 114 | 6:49:37 |