



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Mike Friedl

Club: LG Mauerweg Berlin e.V.
Number: 218

Course: 100.22 km
100 Kilometer

Category:
Senioren M70 (70-74 Jahre)

Total time: 17:19:39

Speed: 5.77 km/h
Running performance: 10:22 min/km

Rank in course/Total: 170 (of 187)

Rank in course/Men: 143 (of 159)

Best time in course: 8:24:01

Rank in category: 4(of 5)

Best time in the category: 13:24:54

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Glasbachwiese	27.00	4:16:30	9:30	4	1:04:25	153	2:08:43	27.00	4:16:30	9:30	4	1:04:25	153	2:08:43
Floh-Seligenthal	27.00	4:37:18	10:16	5	1:14:36	148	2:22:40	54.00	8:53:48	9:53	5	2:19:01	149	4:31:23
Finsterbergen	22.00	4:07:50	11:15	3	59:10	135	2:11:34	76.00	13:01:38	10:17	4	3:18:11	144	6:42:57
Finish	24.22	4:18:01	10:39	4	4:18:01	129	4:18:01	100.22	17:19:39	10:22	4	3:54:45	143	8:55:38