



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

Detailed evaluation

Tanya Ostapenko

Club: ASFM Göttingen / 100 MC  
Number: 72

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 13:24:45

Speed: 7.46 km/h  
Running performance: 8:01 min/km

Rank in course/Total: 92 (of 187)

Rank in course/Women: 12 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 3)

Best time in the category: 13:24:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:27:11	7:40	1	-	15	26:01	27.00	3:27:11	7:40	1	-	15	26:01
Floh-Seligenthal	27.00	3:28:58	7:44	1	-	13	26:47	54.00	6:56:09	7:42	1	-	14	48:03
Finsterbergen	22.00	3:15:58	8:54	2	10:32	14	42:52	76.00	10:12:07	8:03	1	-	14	1:30:55
Finish	24.22	3:12:38	7:57	1	-	8	33:25	100.22	13:24:45	8:01	1	-	12	2:04:20