



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Tanya Ostapenko

Club: ASFM Göttingen / 100 MC
Number: 72

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 13:24:45

Speed: 7.46 km/h
Running performance: 8:01 min/km

Rank in course/Total: 92 (of 187)

Rank in course/Women: 12 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 3)

Best time in the category: 13:24:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	3:27:11	7:40	1	-	15	26:01	27.00	3:27:11	7:40	1	-	15	26:01
Floh-Seligenthal	27.00	3:28:58	7:44	1	-	13	26:47	54.00	6:56:09	7:42	1	-	14	48:03
Finsterbergen	22.00	3:15:58	8:54	2	10:32	14	42:52	76.00	10:12:07	8:03	1	-	14	1:30:55
Finish	24.22	3:12:38	7:57	1	-	8	33:25	100.22	13:24:45	8:01	1	-	12	2:04:20