



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Birgit Jahn

Club: TC Kray 1892 e.V.
Number: 169

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 14:13:19

Speed: 7.03 km/h
Running performance: 8:30 min/km

Rank in course/Total: 114 (of 187)

Rank in course/Women: 17 (of 28)

Best time in course: 11:20:25

Rank in category: 3(of 6)

Best time in the category: 11:20:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:49:58	8:31	5	48:48	25	48:48	27.00	3:49:58	8:31	5	48:48	25	48:48
Floh-Seligenthal	27.00	3:40:20	8:09	3	33:24	19	38:09	54.00	7:30:18	8:20	3	1:22:12	21	1:22:12
Finsterbergen	22.00	3:16:41	8:56	3	43:35	16	43:35	76.00	10:46:59	8:30	3	2:05:47	19	2:05:47
Finish	24.22	3:26:20	8:31	3	47:07	13	47:07	100.22	14:13:19	8:30	3	2:52:54	17	2:52:54