



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Alexandra Martin

Club: TSV Prichsenstadt
Number: 135

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 14:47:17

Speed: 6.78 km/h
Running performance: 8:51 min/km

Rank in course/Total: 124 (of 187)

Rank in course/Women: 20 (of 28)

Best time in course: 11:20:25

Rank in category: 4(of 6)

Best time in the category: 11:20:25

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:42:15	8:13	3	41:05	21	41:05	27.00	3:42:15	8:13	3	41:05	21	41:05
Floh-Seligenthal	27.00	3:55:03	8:42	5	48:07	24	52:52	54.00	7:37:18	8:28	5	1:29:12	24	1:29:12
Finsterbergen	22.00	3:29:24	9:31	4	56:18	20	56:18	76.00	11:06:42	8:46	4	2:25:30	22	2:25:30
Finish	24.22	3:40:35	9:06	4	1:01:22	19	1:01:22	100.22	14:47:17	8:51	4	3:26:52	20	3:26:52