



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Katrin von Iven

Club: LSG Ascania Aschersleben
Number: 236

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 12:09:03

Speed: 8.23 km/h
Running performance: 7:16 min/km

Rank in course/Total: 57 (of 187)

Rank in course/Women: 4 (of 28)

Best time in course: 11:20:25

Rank in category: 2(of 7)

Best time in the category: 11:30:39

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:08:43	6:59	1	-	3	7:33	27.00	3:08:43	6:59	1	-	3	7:33
Floh-Seligenthal	27.00	3:16:13	7:16	2	14:02	5	14:02	54.00	6:24:56	7:07	2	12:13	6	16:50
Finsterbergen	22.00	2:51:09	7:46	2	15:56	3	18:03	76.00	9:16:05	7:19	2	28:09	4	34:53
Finish	24.22	2:52:58	7:08	2	10:15	3	13:45	100.22	12:09:03	7:16	2	38:24	4	48:38