



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Tatjana Diekmann

Club: Helios Iron Team
Number: 84

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 13:00:07

Speed: 7.69 km/h
Running performance: 7:47 min/km

Rank in course/Total: 80 (of 187)

Rank in course/Women: 9 (of 28)

Best time in course: 11:20:25

Rank in category: 2(of 4)

Best time in the category: 12:07:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:15:01	7:13	2	1:58	9	13:51	27.00	3:15:01	7:13	2	1:58	9	13:51
Floh-Seligenthal	27.00	3:19:00	7:22	2	12:56	7	16:49	54.00	6:34:01	7:17	2	14:54	7	25:55
Finsterbergen	22.00	3:12:46	8:45	2	20:18	13	39:40	76.00	9:46:47	7:43	2	35:12	8	1:05:35
Finish	24.22	3:13:20	7:58	2	17:51	9	34:07	100.22	13:00:07	7:47	2	53:03	9	1:39:42