



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Heike Bergmann

Club: Lauffeuer Fröttstädt
Number: 242

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 12:43:31

Speed: 7.86 km/h
Running performance: 7:37 min/km

Rank in course/Total: 71 (of 187)

Rank in course/Women: 6 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 2)

Best time in the category: 12:43:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Glasbachwiese	27.00	3:11:57	7:06	1	-	7	10:47	27.00	3:11:57	7:06	1	-	7	10:47
Floh-Seligenthal	27.00	3:09:05	7:00	1	-	4	6:54	54.00	6:21:02	7:03	1	-	4	12:56
Finsterbergen	22.00	3:00:04	8:11	1	-	5	26:58	76.00	9:21:06	7:22	1	-	5	39:54
Finish	24.22	3:22:25	8:21	2	3:47	12	43:12	100.22	12:43:31	7:37	1	-	6	1:23:06