



# 14. thüringen ULTRA

Fröttstädt / 02.07.2022

## Detailed evaluation

**Helga Brokat**

Club: LG Mauerweg Berlin  
Number: 227

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W65 (65-69 Jahre)

Total time: 13:27:21

Speed: 7.43 km/h  
Running performance: 8:03 min/km

Rank in course/Total: 95 (of 187)

Rank in course/Women: 13 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 2)

Best time in the category: 13:27:21

### Intermediate times

### Stage score

### Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos  | Behind | Total  | Total    | Total  | Pos  | Behind | Pos  | Behind  |
|------------------|-------|---------|--------|------|--------|------|--------|--------|----------|--------|------|--------|------|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Wome | Women  | km     | Time     | min/km | Cat. | Cat.   | Wome | Women   |
| Glasbachwiese    | 27.00 | 3:30:05 | 7:46   | 1    | -      | 17   | 28:55  | 27.00  | 3:30:05  | 7:46   | 1    | -      | 17   | 28:55   |
| Floh-Seligenthal | 27.00 | 3:25:40 | 7:37   | 1    | -      | 10   | 23:29  | 54.00  | 6:55:45  | 7:41   | 1    | -      | 13   | 47:39   |
| Finsterbergen    | 22.00 | 3:04:26 | 8:22   | 1    | -      | 7    | 31:20  | 76.00  | 10:00:11 | 7:53   | 1    | -      | 12   | 1:18:59 |
| Finish           | 24.22 | 3:27:10 | 8:33   | 1    | -      | 14   | 47:57  | 100.22 | 13:27:21 | 8:03   | 1    | -      | 13   | 2:06:56 |