



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Helga Brokat

Club: LG Mauerweg Berlin
Number: 227

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 13:27:21

Speed: 7.45 km/h
Running performance: 8:03 min/km

Rank in course/Total: 95 (of 187)

Rank in course/Women: 13 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 2)

Best time in the category: 13:27:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	3:30:05	7:46	1	-	17	28:55	27.00	3:30:05	7:46	1	-	17	28:55
Floh-Seligenthal	27.00	3:25:40	7:37	1	-	10	23:29	54.00	6:55:45	7:41	1	-	13	47:39
Finsterbergen	22.00	3:04:26	8:22	1	-	7	31:20	76.00	10:00:11	7:53	1	-	12	1:18:59
Finish	24.22	3:27:10	8:33	1	-	14	47:57	100.22	13:27:21	8:03	1	-	13	2:06:56