



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

Detailed evaluation

Matthias Wabra

Number: 122

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M30 (30-34 Jahre)

Total time: 9:15:08

Speed: 10.81 km/h

Running performance: 5:32 min/km

Rank in course/Total: 4 (of 187)

Rank in course/Men: 4 (of 159)

Best time in course: 8:24:01

Rank in category: 1(of 10)

Best time in the category: 9:15:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:15:30	5:01	1	-	2	7:43	27.00	2:15:30	5:01	1	-	2	7:43
Floh-Seligenthal	27.00	2:23:13	5:18	1	-	4	8:35	54.00	4:38:43	5:09	1	-	4	16:18
Finsterbergen	22.00	2:20:12	6:22	1	-	13	23:56	76.00	6:58:55	5:30	1	-	4	40:14
Finish	24.22	2:16:13	5:37	1	-	10	2:16:13	100.22	9:15:08	5:32	1	-	4	51:07