



14. thüringen ULTRA

Fröttstädt / 02.07.2022

Detailed evaluation

Ringo Schwefel

Club: Team Laufcampus
Number: 5

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:13:45

Speed: 8.91 km/h
Running performance: 6:43 min/km

Rank in course/Total: 31 (of 187)

Rank in course/Men: 31 (of 159)

Best time in course: 8:24:01

Rank in category: 6(of 21)

Best time in the category: 9:38:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:46:50	6:10	6	19:11	26	39:03	27.00	2:46:50	6:10	6	19:11	26	39:03
Floh-Seligenthal	27.00	2:54:06	6:26	7	20:37	35	39:28	54.00	5:40:56	6:18	6	33:18	30	1:18:31
Finsterbergen	22.00	2:45:35	7:31	8	31:18	39	49:19	76.00	8:26:31	6:39	6	1:04:36	33	2:07:50
Finish	24.22	2:47:14	6:54	8	31:08	40	2:47:14	100.22	11:13:45	6:43	6	1:35:16	31	2:49:44