



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

## Detailed evaluation

Philipp Adam

Club: LANDAU RUNNING COMPANY  
Number: 8

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M30 (30-34 Jahre)

Total time: 10:02:47

Speed: 9.95 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 13 (of 187)

Rank in course/Men: 13 (of 159)

Best time in course: 8:24:01

Rank in category: 2(of 10)

Best time in the category: 9:15:08

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	2:29:11	5:31	2	13:41	9	21:24	27.00	2:29:11	5:31	2	13:41	9	21:24
Floh-Seligenthal	27.00	2:34:42	5:43	2	11:29	8	20:04	54.00	5:03:53	5:37	2	25:10	8	41:28
Finsterbergen	22.00	2:26:13	6:38	2	6:01	16	29:57	76.00	7:30:06	5:55	2	31:11	10	1:11:25
Finish	24.22	2:32:41	6:18	2	16:28	25	2:32:41	100.22	10:02:47	6:00	2	47:39	13	1:38:46