



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Christoph van Riesen

Number: 58

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:58:39

Speed: 8.35 km/h

Running performance: 7:10 min/km

Rank in course/Total: 50 (of 187)

Rank in course/Men: 48 (of 159)

Best time in course: 8:24:01

Rank in category: 10(of 21)

Best time in the category: 9:38:29

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Glasbachwiese	27.00	2:58:54	6:37	8	31:15	44	51:07	27.00	2:58:54	6:37	8	31:15	44	51:07
Floh-Seligenthal	27.00	3:06:58	6:55	8	33:29	45	52:20	54.00	6:05:52	6:46	8	58:14	42	1:43:27
Finsterbergen	22.00	2:51:20	7:47	9	37:03	45	55:04	76.00	8:57:12	7:04	8	1:35:17	44	2:38:31
Finish	24.22	3:01:27	7:29	11	45:21	55	3:01:27	100.22	11:58:39	7:10	10	2:20:10	48	3:34:38