



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

### Detailed evaluation

andreas haverkamp

Club: vegan runners lg ultralauf  
Number: 219

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M40 (40-44 Jahre)

Total time: 14:54:58

Speed: 6.70 km/h  
Running performance: 8:55 min/km

Rank in course/Total: 128 (of 187)

Rank in course/Men: 108 (of 159)

Best time in course: 8:24:01

Rank in category: 16(of 21)

Best time in the category: 9:38:29

### Intermediate times

### Stage score

### Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind  | Pos | Behind  | Total  | Total    | Total  | Pos  | Behind  | Pos | Behind  |
|------------------|-------|---------|--------|------|---------|-----|---------|--------|----------|--------|------|---------|-----|---------|
|                  | km    | Time    | min/km | Cat. | Cat.    | Men | Men     | km     | Time     | min/km | Cat. | Cat.    | Men | Men     |
| Glasbachwiese    | 27.00 | 3:25:00 | 7:35   | 15   | 57:21   | 94  | 1:17:13 | 27.00  | 3:25:00  | 7:35   | 15   | 57:21   | 94  | 1:17:13 |
| Floh-Seligenthal | 27.00 | 3:34:02 | 7:55   | 15   | 1:00:33 | 96  | 1:19:24 | 54.00  | 6:59:02  | 7:45   | 15   | 1:51:24 | 92  | 2:36:37 |
| Finsterbergen    | 22.00 | 3:48:34 | 10:23  | 16   | 1:34:17 | 116 | 1:52:18 | 76.00  | 10:47:36 | 8:31   | 15   | 3:25:41 | 103 | 4:28:55 |
| Finish           | 24.22 | 4:07:22 | 10:12  | 16   | 1:51:16 | 123 | 4:07:22 | 100.22 | 14:54:58 | 8:55   | 16   | 5:16:29 | 108 | 6:30:57 |