



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Michael Kascha

Club: Radebeul
Number: 143

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 9:51:28

Speed: 10.14 km/h
Running performance: 5:54 min/km

Rank in course/Total: 9 (of 187)

Rank in course/Men: 9 (of 159)

Best time in course: 8:24:01

Rank in category: 3(of 22)

Best time in the category: 8:24:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:32:22	5:38	5	24:35	11	24:35	27.00	2:32:22	5:38	5	24:35	11	24:35
Floh-Seligenthal	27.00	2:35:03	5:44	4	20:25	10	20:25	54.00	5:07:25	5:41	4	45:00	9	45:00
Finsterbergen	22.00	2:17:30	6:15	3	21:14	8	21:14	76.00	7:24:55	5:51	3	1:06:14	9	1:06:14
Finish	24.22	2:26:33	6:03	5	2:26:33	18	2:26:33	100.22	9:51:28	5:54	3	1:27:27	9	1:27:27